



Clarification of GCMT guidance

It is up to members to risk assess each potential session on a case-by-case basis. While the best practice guidance from GCMT says that maintenance and wellbeing treatments aren't possible at this time, if you feel you can justify the reason for treating a client then you can go ahead, with reference to how their health will be affected by non-treatment. If you know your clients will get into a painful state (for example if that happened to them in the first lockdown) that is a reason to treat them.

If you do this then **your insurance remains valid** and you will be able to explain to Track and Trace why the treatment took place and that you took every necessary precaution. If there are any reasons why a client is considered vulnerable, document what extra precautions you put in place to mitigate risk.

GCMT scan government guidance regularly for updates to know when it can relax the guidance. It was announced from No 10 that the tier system would be reviewed sometime in January or February. What happens is dependent on whether the number of infections continue to reduce. The 5-day relaxation over Xmas may trigger higher infections. The roll out of the vaccine will also be a contributing factor.

So, we can't yet give any date as to when the guidance will change but will keep you updated every step of the way.