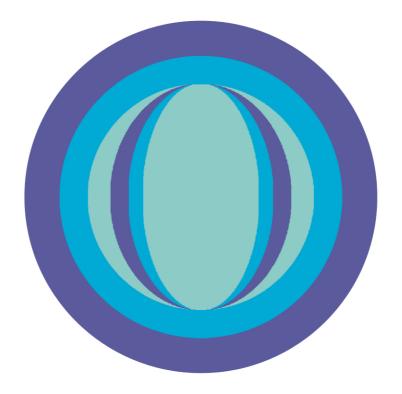


Reflect and Connect

Annual Conference 2014 - 26th April - London



Learn from bodywork experts - leaders in their field...

Meet fellow practitioners over tea, cake and a spot of lunch...

Today's Agenda

9am	Registration, coffee, meeting old and new friends.
10.30am	Conference Introduction Keynote Speech by Keith Hunt MBE
11.15am	 Morning Workshops Kinesiology Taping with Earle Abrahamson Hypermobility with Jane Attard Myofascial Release with Ruth Duncan Chronic Pain Management Surgery chaired by Jennie Parke Matheson with Laura Williams and Keith Hunt MBE
1pm	Lunch - sponsored by Balens Insurers
2.30pm	 Afternoon Workshops Sacred Bodywork with Katya Langmuur The Neck with Jane Johnson Massage and Movement with Maya Bauer, Belinda Ackermann and Susannah Baker Acute Pain Management Surgery chaired by Paul Grainger with Tatina Semprini and Robi Persad
4.15pm	Conference Close Keynote Close by Helen Millson
4.50pm	End

Welcome...

London 2014 – Reflect and Connect

We are delighted to present the sixth MTI Annual Conference. This year's theme charts a journey both personal and collective. Personal in the sense that each therapist needs to think carefully about their practice and actions, and consider how best to refine, develop, or improve them. Through reflection we begin to identify areas within our work that need attention. How do we best develop core areas? This leads onto the concept of connection, working with others to learn and appreciate new and different ways of working and thinking.

This year has been full of developments and changes within MTI. Most notably, after many years dedicated to developing and expanding MTI, both Paul Grainger and Andy Fagg will be stepping down as Chair and Director respectively. They have been suceeded by Earle Abrahamson (Chair) and Tim Bartlett (Director) who join Karen Yarnell on MTI's Board. You can find out more about Earle later on in this booklet and some more information about Tim is below.

We'd like to take this opportunity to thank both Andy (a founding member of MTI) and Paul for their time, dedication and efforts in making MTI what it is today. We also look forward to the future and are excited about what it holds for our organisation.

Enjoy your day!

Tim Bartlett

Tim has taught Holistic Massage with Bristol College of Massage and Bodywork since 2004, and is a practising massage therapist and sports massage therapist. He also teaches anatomy, physiology and pathology for the Massage Training Institute, and is a member of the MTI Training Committee. He is a member of both MTI and the Association

of Physical and Natural Therapists (APNT). He has worked extensively supporting people with autism and learning difficulties, life planning and working with therapeutic touch and movement differences.

He is an MTI practical exam assessor and also a theory exam assessor.

Keynote Speakers



Keith Hunt MBE

Keith has been working at the Royal Free Hospital for the past 47 years and currently treats, with his team of helpers, over 21,000 patients per year.

As Complementary Therapy Co-ordinator he provides massage and reflexology - a service offered to all patients.

Keith has great skill and technical knowledge on how best to help patients with complementary therapy. He is also an inexhaustible source of

compassion and good humour whose enthusiasm for bodywork is clearly infectious.

He is passionate about musicals and for over 25 years has appeared and produced pantomimes at the hospital. He is also obsessed with the USA and has visited 50 states over the years.

Keith has a Camden Good Citizen Award for cancer care and advises health authorities on setting up Complementary Therapies within their own Health Trusts. In January 2013 he was awarded an MBE for services to Complementary Therapy by Prince Charles.

Helen Millson M.Phil.Sports Physio; MCSP

Helen is a Physiotherapist who has worked with South African National sports teams as well as providing physiotherapy for two All Africa Games and two Commonwealth games.

She lectures nationally and internationally focusing on Medico-Legal Ethical issues, Objective criteria for RTP, Proprioception, Neuro-motor control, Groin and Hip Quandaries.

Helen is also renowned for her Motivational talks on the Life of the Athlete, Being on Top of your Game in Sport/Business and Excellence in Sport/Life.

Since March 2013 Helen has been working as a Sports Physiotherapist Specialist. This involves advice to Insurers regarding Elite athlete's medical conditions - primarily for Premier League Football and other Elite sports.

She is currently undertaking her PHD through Kent University on "Groin and Hip Quandaries".

Earle Abrahamson: Kinesiology Taping www.hands-on-training.co.uk

Earle is a published author, psychologist, educator and teaching fellow. He has qualifications in physical education, sports therapy, clinical psychology and educational practices.

Earle has extensive experience in sports massage and was part of the medical team for the London 2012 Olympics Games. Internationally, he's presented on teaching/learning practices, sports rehabilitation and sport psychology. Earle is also a master kinesiology taping instructor, using the tape as an adjunct to his clinical soft tissue therapy.

He has a passion for teaching and co-runs Hands-on Training, a professional therapy school established to teach and develop students and practitioners.

Earle has recently been voted onto the MTI Board of Directors.



Belinda Ackermann: Massage and Movement

Belinda began studying Chi Kung (qigong) as an approach to deepen her yoga practice and found a completely new and gentle way to relate to her body.

She uses the body as a resource to unwind and relax into a peaceful state of mind. As her interest in Chi Kung grew, she felt the need to share the art with others and started to teach. Her

teaching approach comes from the 'elemental college of chi kung' and incorporates classic chinese chi kung styles with modern body, mind and energy concepts. She is also an instructor for INBI Daoist Alchemy.

Originally having trained as a theatre designer, working with dancers and a range of performing artists, she sees Chi Kung as an extension of her lifelong curiosity about how the body talks, and what it is saying to us.

Jane Attard: Hypermobility Syndrome www.central-health.com/ourpeople/janeattard.html

Specialising in Musculoskeletal Physiotherapy, Jane's expertise lie in the treatment of connective tissue disorders, shoulder/spinal rehabilitation, lower limb problems and ante/post natal fitness. She is also a clinical and fitness Pilates instructor experienced Hydrotherapist and accredited Acupuncturist.



Jane's a senior team member of Clinical Physiotherapy Specialists within the Hypermobility Unit at the Hospital of St John and St Elizabeth. She also runs clinics at the Physiotherapy and Hydrotherapy Central Health Clinic.

She completed her post-grad. training in Advanced Neuro-Musculoskeletal Physiotherapy in 2010 and has since been involved in education as a speaker / lecturer at conferences, workshops and also as a visiting lecturer for the University of Hertfordshire.

Susannah Baker: Massage and Movement www.learningthealexandertechnique.com

As a keen recreational runner, Susannah was introduced to the Alexander Technique (AT) ten years ago when she wanted to improve her technique. Delighted with the improvements she decided to find out how AT lessons could help her in other ways.



She subsequently decided the time was right to fulfil a growing ambition: to train as an AT teacher. Susannah now works with University of Bristol music students, offers sessions for runners, and organises Art of Running workshops.

Susannah is passionate about helping people of all ages discover how AT can be used to improve their health and a sense of well being. She has a particular interest in applying the Technique to sport and fitness.



Maya Bauer: Massage and Movement www.mayabauerpilates.co.uk

Maya has a degree in Physiotherapy and recently completed her MSc in Advancing Physiotherapy Practice with modules in injection therapy and X-ray interpretation.

She currently works as a Physiotherapy Clinical Specialist within the NHS. She works closely with GPs and orthopaedic surgeons to facilitate care of patients with musculo-skeletal problems.

Her interest in spinal pain led her to explore non-invasive treatment methods and this is when she discovered Pilates, incorporating some of the exercises into patient treatment programmes. After experiencing a slipped disc she also took up regular lessons and noticed that her neck pain and longstanding niggles cleared up. It was this dramatic transformation that inspired her to train as a Body Control Pilates teacher. Maya now runs sessions in North London.

Ruth Duncan: Myofascial Release www.thenaturaltherapycentre.co.uk

Ruth is an advanced remedial myofascial/soft tissue therapist. She has been using myofascial release (MFR) in her practice for 12 years, having trained in various massage modalities. She's been teaching MFR in the UK for 8 years and is the owner of MFR UK and The Natural Therapy Centre, near Glasgow.



Ruth is passionate about the skillful integration of musculoskeletal orthopedic soft tissue skills with the art of kinesthetic touch, encouraging 'listening hands' which follow the natural ebb and flow of the body's fascial matrix - finding and resolving restrictions turning dysfunction to function.

She is also a Clinical Hypnotherapist, Sports Massage Therapist and writes articles for national massage and bodywork magazines and has been invited to present lectures and workshops at many conferences.

Paul Grainger: Acute Pain Management www.intouchbodywork.co.uk

Paul's journey with massage began in 2002, as an MTI student. He has now been a practising massage therapist for ten years and has been involved with MTI for the entire time.

He spent two years working with people living with HIV, providing massage to support their physical and emotional well being. Paul found this a very rewarding experience which helped him grow as a massage therapist.

As well as a private practice he regularly works with on site massage, bringing massage in to the workplace.

He became an accredited MTI massage tutor in 2007 and is now a MTI assessor and spent four years as the chair of MTI, a post he'll be leaving in April 2014.



Jane Johnson: The Neck Contact Jane at jane@janejohnson.co.uk

Jane Johnson is a chartered physiotherapist with a passion for helping massage therapists and other health and fitness professionals to understand common assessment and treatment methods.

As a former massage therapist and fitness instructor herself, she appreciates the challenges and opportunities facing these professionals.

She is the author of six books: The Neck and The Thorax in the Tips and Tricks for Therapists series, and Postural Assessment, Therapeutic Stretching, Soft Tissue Release, and Deep Tissue Massage in the Hands-On Guides for Therapists series.

Katya Langmuur: Sacred Bodywork www.katyayani.co.uk

Katya is a teacher, healer, scholar and spiritual seeker. She has been involved in the practice and teaching of a number of the healing arts – massage, aromatherapy, healing, reiki, nutrition, meditation, movement and also voicework.

She has specialised in HIV+ and immunity care, running weekly clinics at a HIV+ centre and working in the HIV+ team at Ealing hospital. What Katya terms as 'sacred bodywork' has been formed and refined through her experience of working with patients in this field.

In a parallel path to her healing arts Katya has become involved in the study of Indian religious traditions and practices. She has a PhD in twentieth century devotional Hindu Studies and lectures in contemporary Guru Studies, Hindu Studies and classical Indian Philosophy.

Robi Persad: Acute Pain Management www.osteopathicpractice.com

Robi is a Registered Osteopath in practice for 20 years. He qualified in 1994 with a dissertation in the incidence of Haematuria idiopathic lower back pain. He runs a successful multidisciplinary practice in North London and in Malaga.

His practice combines structural, cranial and visceral techniques as well as dry needling and soft tissue manipulation. Robi considers himself to be an Osteopathic generalist, however, since starting his health retreat in Spain he has increasingly treated Yoga, Pilates and other physical practitioners - this has now become the mainstay of his practice.

Having had lower back disc issues at a young age he is still fascinated by the intimacy of structure and function within the human body and inspired by the changes that manual therapy can achieve.



Tatina Semprini: Acute Pain Management

Tatina turned to complementary therapies in 1999, studying Aromatherapy, Sports Massage, Chair Massage, No Hands Massage, Thermo-Auricular Therapy (Ear Candle Treatments) and Adominal Sacral Massage over the years.

She began her practice as a full-time massage therapist in 2001 working in a number of locations such as clinics, hospitals and

businesses across London before joining one of London's premier dance schools and the Royal Ballet at The Royal Opera House in 2008.

In addition to her massage practice, Tatina is a senior tutor on the Essentials for Health sports massage course, and also runs her own workshops for various schools and organisations. Since 2010 she has extended her teaching overseas, and has been hosting workshops in both Taiwan and Japan.

Laura Williams: Chronic Pain Management www.achieveyourpotential.org.uk

Laura studied massage and integrated bodywork at the Clare Maxwell-Hudson School of Massage, gaining her early clinical skills at the Royal Free and the Royal Hospital for Neuro-disability.

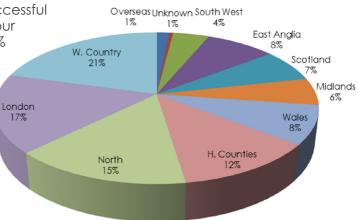
She has her own practice and is also a Consultant for Brain Injury Wales - working as a specialist Clinical Massage Therapist, giving treatment, support and advice for the management of complex neurological conditions and musculo-skeletal pain. She works with the individual and their team to build on the patient's abilities, to relearn new techniques and to set realistic and achievable aims and objectives so that they can achieve their potential.

In 2006 Laura completed research using state of the art motion analysis technology - the published research is believed to be the first of its type.

Membership Report

2013/14 has been a successful year for the growth of our membership, with a 17% increase in practitioner members in the last 12 months.

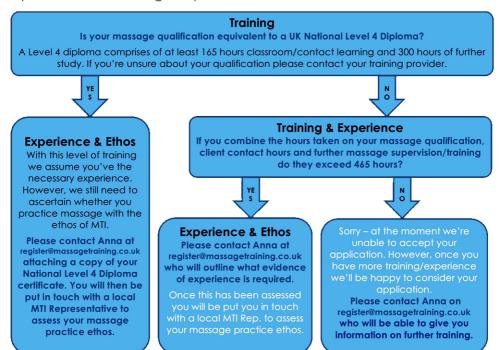
We have a geographically diverse membership with practitioners and students stretching from Dundee to the Channel Islands.



Current Membership % by Region

Opening up Practitioner Membership

In the last 12 months we've opened up membership to practitioners who haven't trained with MTI. So far four applications have met the requirements - following the process below to become MTI members.



East Anglia - eastanglia@massagetraining.co.uk

Whilst things have been a little quieter during this year in East Anglia, we have still been able to get together with some of our Practitioners to exchange news, views and generally enjoy each other's company!

Events over the last year have included:

- Ohana Breathing with ever popular teacher, Deniz Paradot
- CPD training with Osteopath Cameron Reid
- 5 Rhythms Dance led by our own wonderful Practitioners

In June we will be discovering the benefits of Zero Balancing.

We've also had a change to our team, with Jackie Heffer-Cooke stepping down as co-rep, having spent two years doing an amazing job. We're fortunate that Kerensa Martin has come forward - proving to be a wonderful

addition to the team!







The Regional Team (left to right) Debbie Woodhouse (Co-Rep) Kerensa Martin (Co-Rep) Cristal Webb Kit Adam (not shown)

West Country - westcountry@massagetraining.co.uk

The West Country Region has focussed on practitioner led skills-share events in which both the practitioner and the attendees earn CPD and the practitioner splits any profits with the Region.

In the last year we have run events on Indian Head Massage, Aromatherapy, and Creating an Internet Presence for your Practice. The first two of these were open to MTI members only and the Internet event was open to bodyworkers of any background.

Last summer the Region organised an outdoor event, Massage in the Park, using some of the annual budget to acquire a lighter marquee. Overall the activities have generated a small profit for the Region. We continue to have a small email newsletter to our members which goes out about three times a year and the Region's Facebook page is up and running.





The Regional Team (left to right) David Spencer (Rep) Maria Hiltunen

North - north@massagetraining.co.uk

Due to the location of schools in the North MTI members tend to live around Sheffield/Leeds, with a few in Blackburn and the North East. The area also contains the Northern Massage Association (NMA), a professional networking and CPD provider. Practitioners are also well served by SCMT for CPD sessions.

Given the above, the group has struggled to establish itself and finding and keeping practitioners with time and motivation to develop events has been difficult. However, in the past 12 months, we have held:

- A self-care day, we tasted mindfulness and laughing yoga, and discussed business approaches to complement holistic massage.
- A session to look at how the group might develop in the future.
- A workshop on Mindful Presence with John Mackie focusing on Qi Gong

We are looking to run some business support workshops as this is a big need for many of us, and we have also floated the idea of the Regional Group setting up a loose social enterprise 'consortium' to deliver contract work.

Unfortunately, there seems little interest in a North MTI group. We felt it might be better to work on the basis of more local activity and support a variety of

more localised activity rather than try to organise a 'whole region' gathering.





The Regional Team (left to right)
Roz Roberts (Rep)
Gerry Andrews

Wales - wales@massagetraining.co.uk

We had our first workshop in Cardiff at the end of February. The theme was Skills Share with Chris Leslie doing some basic head, neck and shoulder techniques and Tig Bidmead doing a rhythm mobility demo. We want to give a big thank you to Chris and Tig!

We now have a facebook page for MTI members to comment and share their ideas. We are planning more CPD workshops to happen very soon!

Danielle Abbott is busy with her new baby and Paul Beswick is in Australia so are unable to come to the Conference so Sue Atrill is here for us!





The Regional Team (left to right) Danielle Abbott (Rep) Paul Beswick Sue Attrill (not shown)

Midlands - midlands@massagetraining.co.uk

The Midlands Group now meets three times a year plus additional workshops and events. We meet in both Birmingham and in Bransford, Worcester.

Over the last month following a request for help in the region, 11 members have come forward to offer help, which is wonderful. This will help us grow the activities in the region and give support to each other.

This year we have had the following events:

- A discussion and exploration of the 'client journey', a Chi Kung session led by Max Mainini, followed with a massage session led by Tara Kane.
- Leora Sharp gave a workshop on 'Creating & Improving Your Online Presence'.



Unfortunately, the meeting scheduled for March had to be postponed and will be re-scheduled shortly. Further meetings are planned for the 15th June and 27th September.

The Regional Team Simon Vivian (Rep)

South West - southwest@massagetraining.co.uk

This year we took a survey of members to establish what events they would like in the region, as attendance of workshops has declined. Our problem in the south-west is that we are very widespread and rather thin on the ground. Devon and Cornwall would be large enough for getting to meetings, similarly Dorset/ Hampshire. We have tried to address this by holding a meeting in South Devon and one in East Dorset each year.

It has also been suggested that we might try and organise 'county-based' supervision meetings, perhaps bi-monthly, and see how we get on. This would be charged at a suitable rate for whoever leads the meeting/practice exchange. It would be more accessible for people and be easier to organise locally. Watch this space!







The Regional Team (left to right) Sara Jennett (Rep) Bridget Taylor Sharon Bull

Scotland - scotland@massagetraining.co.uk

We have had a few meetings this year:

- A Myofascial release massage workshop delivered by Simonetta Logan
- A Business development workshop with Heather Gordon.
- A networking and massage exchange creating an opportunity to meet, network, exchange ideas and collaborate.

Recently a newsletter informing the Scotland network about the planned events in 2014 was sent out. We are going to aim for about six events a year.

- 31 May: Aromatherapy and holistic massage with Gail Neckel
- 09 Aug: Business developement workshop with Heather Gordon
- 27 Sep: Heart-centred approach to business with Alison McKenzie
- 25 Oct: Social get together
- 29 Nov: Workshop with Dynamic Bodywork Academy / Sally Chamness

We have also expanded the team this year, see below.



The Regional Team (left to right) Natalia Duncan (Rep) Serena Wong Melissa Chalmers Suzie Sutherland

London/Home Counties - london@massagetraining.co.uk

In the last year we have had the following CPD workshops:

- Hypermobility with Jane Attard and Soft Tissue Release with Tatina Semprini both are taking workshops at today's Conference.
- A Therapy for Therapist's Day with an intro to Aromatherapy by Karen Young and an intro to visualisation techniques with Dr Chris Perrin.
- Darien Pritchard gave a wonderful workshop on hands-free massage. We especially thank Darien for coming to London to do this.
- Sally Morris gave two chair massage sessions for people who will volunteer for the Back Pain show in July.

We are going to hold a Mindfulness and Massage workshop in May led by John Gee, the founder of City Sport's Massage. This will focus on calming our approach to our clients, and have time for ourselves too. In June Jennie Parke Matheson is going to do an Indian Head Massage workshop.

In the future we hope that the London Schools will allow us to visit them and talk about the MTI membership for London and the Home Counties. Also we would like to do a survey of our London and Home Counties to see what their needs are and see if we can help with these through the workshops. We welcome anyone in our membership who wishes to put forward a workshop, or who may wish to lead one.

Conference Organisers

The London/Home Counties Team also organised today's event. Headed up by Jennie Parke Matheson they've given their time and energies voluntarily so a massive thank you to them!

Jennie Parke Matheson www.white-wave.org.uk and www.hands-on-training.co.uk

Jennie began her career as a stage manager before moving into arts administration. She then moved sideways into corporate conferences and events. Experience in both these worlds meant she was dealing with a variety of challenging personalities – which started her on her journey toward the world of therapy.



In the 1980s many friends and colleagues struggled with HIV and AIDS. She became a carer for a close friend, who was critically ill, and found she had the ability to help people help themselves. She joined The Terrence Higgins Trust as a volunteer working in several capacities over a six year period.

Her therapeutic journey continued several years later when she experienced Healing for the first time and decided to train as a Healer. To further expand her therapeutic "tool box" Jennie qualified in Deep Tissue Massage, gradually adding Hot Stone Massage, Pregnancy Massage and Indian Head Massage.

Jennie established White Wave in 2008, practising as a healer/holistic massage therapist/tutor ever since. She is also a qualified Massage in Schools Instructor and works as a volunteer at the Royal Free Hospital. To enhance her tutoring skills, Jennie qualified in PTLLS in 2012 and is currently completing her CTLLS.

In collaboration with Earle Abrahamson she founded Hands-On Training, providing a series of post-graduate development workshops to support therapists.

Jennie was MTI's London Rep for two years before stepping down to focus on organising this year's MTI Conference.

Linda Stenberg

Linda is a qualified massage therapist and Reiki Master with a passion for health and well-being. She is trained in a variety of massage techniques, including Holistic, Swedish, Deep Tissue, Hot Stones and Pregnancy Massage.

Linda has always had an interest in complementary therapies and is a firm believer in the inseparable connection between body and mind.

She has been part of the Regional Group for the last three years, helping organising workshops etc. and for the last few months been Co-Rep.

Conference Organisers

Kate Burton

Like most of us Kate did not start out as a massage therapist, but studied Chinese at SOAS, experienced China first hand for some years and has worked at the British Council in Beijing, on Scientific Exchange Programmes with China at the Royal Society of London; and been a research manager at the Design Council.



She has been practising as a massage therapist for 14 years - training with Clare Maxwell Hudson. She has diplomas in Therapeutic Massage, Sports Massage, Neuro-Skeletal Realignment Therapy, and has done in depth courses on Face Massage and Massage and Cancer Care.

When the MTI reached out to build a networked practitioner group Kate felt she should give something back to the profession that she has enjoyed being a part of for so many years. She started by doing a research gathering exercise that is now part of the tutors' handbook - this was brought about by the ASA insisting any claims made for CAM therapy were backed up by research.

She went on to be a Regional Committee Member and is now Co-rep - hoping to deliver a varied programme to the members. Ideas are always welcome!

John Psaradakis

John worked as an IT Manager for over 15 years. It was his personal experience with chronic neck pain that brought him in contact with massage.



He has a particular interest in clinical massage and is currently working to support Julz Adeniran, Great Britain & England 110m Hurdles, in preparation for the 2014 Commonwealth Games.

Bruce Macdonald www.innercentre.com

Bruce has been a massage therapist for many years and enjoys having an active role with the Regional Team.



He is currently Co-rep with Linda and Kate.

Lindsey Seabrook www.thetouch.uk.com

Lindsey has been a therapist for nearly two years and trained at Bodyology.
She mainly specialises in Sports Massage, Pregnancy Massage and Stress relief. She is incredibly passionate about therapy and helping people relieve their pain, aid relaxation and stress relief.

Feedback

At last year's conference we held a session focusing on MTI, what it offers its members, what members would like MTI to offer and what members would like MTI to evolve into - here's the feedback

What do you want from MTI?

Create greater publicity for MTI.

Response: In the last budget we earmarked funds specifically for publicity e.g. leaflets, attendance of events, the Back Pain Show/Cam Expo.

A higher status for our profession – distinguishing holistic massage.

Response: We are working closely with organisations such as the CNHC to raise the profile of massage.

Give Regional Reps a vote at the AGM.

Response: A working party is formulating wording around Regional Rep votes, this will then be put to the Tutors and the Board.

Webinars as part of CPD.

Info sheets that can be given to clients.

Response: A good idea for schools Response: We will be producing a to consider, it's been passed on.

Leaflet on MTI very shortly

To arrange more discounts with massage equipment suppliers.

Response: We are currently looking at the website and ways of featuring suppliers that will offer discounts to MTI members.

Better practitioner details featured on the website.

Response: This facility is currently available, but it's dependant on the info that the members input onto their page.

Templates for business cards which can be ordered through MTI.

Response: As everyone's business is differrent it's up to the individual to create their own design.

More democratic regional involvement.

Response: Members can contact their Regional Reps with suggestions / concerns via email or regional meetings. The Reps voice theses to MTI central either at national meetings or directly to the Membership Officer.

Things you like about MTI?

t's ethos, values and standards

The Conference The Regional Structure User friendly

Great training and courses A personal organisation The tutors Non-hierarchical Supportive

Accepting non-MTI trained members The supervision groups

14

Things you don't like about MTI

Lack of MTI Magazine

Response: A newsletter goes out every 3-4 months, however, we are planning to expand the content of this in the near future.

No central source of info about all the different training centres Response: This is available on the

website

Very localised in certain areas of the country

Response: Unfortunately regional membership tends to group around the MTI schools.

Can be difficult to get CPD

Response: We have fed this back to the schools.

Not enough encouragement/opportunities for new tutors

Response: Unfortunately opportunities to assist with current training centres are limited, more thought is being given to this.

Suggestions for future Development

Raise the profile of massage to GPs and health insurance companies.

Response: Health Shields insurers has MTI on their list of recognised accepted qualifications. We need to approach each company to see what they currently recognise and ask for MTI to be added - unfortunately this can be a long process. Re. GPs CNHC have a local champions scheme were they have provided therapists with promotional material.

Explore social media

Response: MTI has set up a Facebook and Twitter account.

More promotion of MTI shows like the Back Pain show

Response: We'll be at this year's event but it is debatable whether this has an impact on our public profile.

Newsletter to integrate all training centres, informing about CPD.

Response: More info about CPD is now included in the newsletter.

Make membership of a supervision group mandatory

Response: We used to have this policy but it was unworkable.

Make information from Regional Groups available nationally.

Response: Available on the website.

Evidence based research into avantified benefits of massage.

Response: Available on the website.

Make each school's courses available on MTI - a national one-stop shop

Response: Available on the website.

MTI forum online for practitioners

Response: It on the website but was not being used so was taken down.

MTI name badges that practitioners can wear when treating clients.

Response: We're not sure this will be widely taken up, but we can be persuaded...

Supervision groups for all regions

Response: There has been discussion about training Regional Reps so they are comfortable providing supervision sessions for members, watch this space!

Conference Supporters

This event could not be possible without the support of the following organisations and people - thank you!



























The Webmistress

Ruth Duncan

WordPress web design for your holistic business



And of course our amazing speakers, workshop leaders and organisers who have all given their time for free - thank you!

Earle Abrahamson Paul Grainger Robi Persad John Psaradakis Jane Attard Keith Hunt MBF Lindsey Seabrook Belinda Ackermann Jane Johnson Tatina Semprini Susannah Baker Katya Langmuur Maya Bauer Bruce Macdonald Linda Stenbera Kate Burton Helen Millson Laura Williams

Jennie Parke Matheson